



## ON THE LORD'S DAY

BUT WE, BRETHREN, BEING TAKEN FROM YOU FOR A SHORT TIME IN PRESENCE, NOT IN HEART, ENDEAVOURED THE MORE ABUNDANTLY TO SEE YOUR FACE WITH GREAT DESIRE. <sup>1</sup> THESSALONIANS 2:17

*The following is a service for one who is prevented by serious necessity from attendance at Divine Liturgy on the LORD's day. Attendance at the Divine Services of the Orthodox Church is necessary for salvation and spiritual growth. One is permitted to miss these services only for a 'reason worthy of a blessing' and indeed, the Canons of the Church indicate that anyone who misses three consecutive Divine Liturgies may only return to the chalice through repentance and Holy Confession. However, if one is too sick, or is forced to travel during a service or to a place where there are no services offered, or is prevented for whatever reason is worthy of a blessing (and has indeed obtained one), they may follow the order of service below.*

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~ THE THIRD HOUR ~

Through the prayers of our holy fathers, O LORD, Jesus Christ our God, have mercy on us. Amen.

Glory to you, O God, glory to you!

O Heavenly King, the Comforter, the Spirit of Truth, everywhere present and filling all things, Treasury of Blessings and Giver of Life: come and abide in us and cleanse us from every impurity and save our souls, O Good One!

Holy God, holy Mighty, holy Immortal, have mercy on us!  
Holy God, holy Mighty, holy Immortal, have mercy on us!  
Holy God, holy Mighty, holy Immortal, have mercy on us!

Glory to the Father, and to the Son, and to the Holy Spirit; now, and ever, and unto the ages of ages. Amen.

O all holy Trinity, have mercy on us.

LORD, cleanse us from our sins.

Master, pardon our transgressions.

Holy One, visit and heal our infirmities for you Name's sake.

LORD, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit; now, and ever, and unto the ages of ages. Amen.

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Our Father who art in heaven,  
Hallowed be thy name.  
Thy kingdom come,  
Thy will be done on earth as it is in heaven.  
Give us this day our daily bread,  
And forgive us our debts  
as we also have forgiven our debtors.  
And lead us not into temptation,  
but deliver us from the evil one.

For Thine is the Kingdom, and the Power, and the Glory:  
of the Father, and of the Son, and of the Holy Spirit; now,  
and ever, and unto the ages of ages. Amen.

LORD, have mercy. (*12x*)

Glory to the Father, and to the Son, and to the Holy Spirit;  
now, and ever, and unto the ages of ages. Amen.

O come, let us worship God our King. O come, let us  
worship and fall down before Christ our King and God.  
O come, let us worship and fall down before Christ him-  
self, our King and God.

PSALM 16 (*17*)

Hear a just cause, O LORD, attend to my cry; give ear to  
my prayer which is not from deceitful lips. Let my vin-  
dication come from your presence; let your eyes look on  
the things that are upright. You have tested my heart; you

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have visited me in the night; you have tried me and have found nothing; I have purposed that my mouth shall not transgress. Concerning the works of men, by the word of your lips, I have kept away from the paths of the destroyer. Uphold my steps in your paths, that my footsteps may not slip. I have called upon you, for you will hear me, O God; incline your ear to me, and hear my speech. Show your marvellous loving-kindness by your right hand, O you who save those who trust in you from those who rise up against them. Keep me as the apple of your eye; hide me under the shadow of your wings, from the wicked who oppress me, from my deadly enemies who surround me. They have closed up their fat hearts; with their mouths they speak proudly. They have now surrounded us in our steps; they have set their eyes, crouching down to the earth, as a lion is eager to tear his prey, and like a young lion lurking in secret places. Arise, O LORD, confront him, cast him down; deliver my life from the wicked with your sword, with your hand from men, O LORD, from men of the world who have their portion in this life, and whose belly you fill with your hidden treasure. They are satisfied with children, and leave the rest of their possession for their babes. As for me, I will see your face in righteousness; I shall be satisfied when I awake in your likeness.

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## PSALM 24 (25)

To you, O LORD, I lift up my soul. O my God, I trust in you; let me not be ashamed; let not my enemies triumph over me. Indeed, let no one who waits on you be ashamed; let those be ashamed who deal treacherously without cause. Show me your ways, O LORD; teach me your paths. Lead me in your truth and teach me, for you are the God of my salvation; on you I wait all the day. Remember, O LORD, your tender mercies and your loving-kindnesses, for they are from of old. Do not remember the sins of my youth, nor my transgressions; according to your mercy remember me, for your goodness' sake, O LORD. Good and upright is the LORD; therefore he teaches sinners the way. The humble he guides in justice, and the humble he teaches his way. All the paths of the LORD are mercy and truth, to such as keep his covenant and his testimonies. For your name's sake, O LORD, pardon my iniquity, for it is great. Who is the man that fears the LORD? Him shall he teach in the way he chooses. He himself shall dwell in prosperity, and his descendants shall inherit the earth. The secret of the LORD is with those who fear him, and he will show them his covenant. My eyes are ever toward the LORD, for he shall pluck my feet out of the net. Turn yourself to me, and have mercy on me, For I am desolate and afflicted. The troubles of my heart have enlarged; bring me out of my distresses! Look on my affliction and my pain, and forgive

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all my sins. Consider my enemies, for they are many; and they hate me with cruel hatred. Keep my soul, and deliver me; let me not be ashamed, for I put my trust in you. Let integrity and uprightness preserve me, for I wait for you. Redeem Israel, O God, out of all their troubles!

PSALM 50 (51)

Have mercy on me, O God, according to your great goodness, according to your abundant mercy, blot out my transgressions. Wash me thoroughly from my iniquity and cleanse me from my sin! For I know my transgressions and my sin is ever before me. Against you, you only, have I sinned and done that which is evil in your sight, so that you are justified in your sentence and blameless in your judgment. Behold, I was brought forth in iniquity and in sin did my mother conceive me. Behold, you desire truth in the inward being; therefore teach me wisdom in my secret heart. Purge me with hyssop and I shall be clean; wash me and I shall be whiter than snow. Fill me with joy and gladness; let the bones which you have humbled rejoice. Hide your face from my sins and blot out all my iniquities. Create in me a clean heart, O God and put a new and right spirit within me. Cast me not away from your presence and take not your Holy Spirit from me. Restore to me the joy of your salvation and uphold me with a willing spirit. Then I will teach transgressors your ways and sinners will return to you. Deliver me from blood-guiltiness, O God,

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O God of my salvation, and my tongue will sing aloud of your deliverance. O LORD, open my lips and my mouth shall show forth your praise. For you have no delight in sacrifice; were I to give a burnt offering, you would not be pleased. The sacrifice acceptable to God is a broken spirit; a broken and contrite heart, O God, you will not despise. Do good to Zion in your good pleasure; rebuild the walls of Jerusalem; then will you delight in right sacrifices, in burnt offerings and whole burnt offerings; then bulls will be offered on your altar.

Glory to the Father, and to the Son, and to the Holy Spirit; now, and ever, and unto the ages of ages. Amen.

Alleluia! Alleluia! Alleluia! Glory to You, O God.  
Alleluia! Alleluia! Alleluia! Glory to You, O God.  
Alleluia! Alleluia! Alleluia! Glory to You, O God.

LORD, have mercy. (3x)

*If there be two troparia, we say the first one here (cf. Troparia and Kontakia). If not, we continue:*

Glory to the Father, and to the Son, and to the Holy Spirit;...

*And we say the second troparion (cf. Troparia and Kontakia), if any, or the only troparion. Then:*

... Now, and ever, and unto the ages of ages. Amen.

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## THEOTOKION

O Theotokos; you are the true vine that has blossomed forth for us the fruit of life. We beseech you: intercede, O Lady, together with the holy apostles, that our souls will find mercy.

Blessed is the LORD God, blessed is the LORD day by day; the God of our salvation shall prosper us along the way; our God is the God of salvation.

Holy God, holy Mighty, holy Immortal, have mercy on us!  
Holy God, holy Mighty, holy Immortal, have mercy on us!  
Holy God, holy Mighty, holy Immortal, have mercy on us!

Glory to the Father, and to the Son, and to the Holy Spirit;  
now, and ever, and unto the ages of ages. Amen.

O all holy Trinity, have mercy on us.

LORD, cleanse us from our sins.

Master, pardon our transgressions.

Holy One, visit and heal our infirmities for your Name's sake.

LORD, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit;  
now, and ever, and unto the ages of ages. Amen.

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Our Father who art in heaven,  
Hallowed be thy name.  
Thy kingdom come,  
Thy will be done on earth as it is in heaven.  
Give us this day our daily bread,  
And forgive us our debts  
as we also have forgiven our debtors.  
And lead us not into temptation,  
but deliver us from the evil one.

For Thine is the Kingdom, and the Power, and the Glory: of  
the Father, and of the Son, and of the Holy Spirit; now, and  
ever, and unto the ages of ages. Amen.

O LORD, Jesus Christ, Son of God, have mercy on us. Amen.

*And we read the appointed Kontakion (cf. Troparia and  
Kontakia). Then:*

LORD, have mercy. (40x).

### THE PRAYER OF THE HOURS

You who at all times and at every hour, in heaven and on  
earth, are worshipped and glorified, O Christ God, who are  
long-suffering, plenteous in mercy, most compassionate,  
who loves the righteous and has mercy on sinners; who calls  
all men to salvation through the promise of good things to  
come: Receive, O LORD, our prayers at this hour, and guide  
our life toward your commandments. Sanctify our souls,

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make chaste our bodies, correct our thoughts, purify our intentions, and deliver us from every sorrow, evil, and pain. Compass us about with your holy angels, that, guarded and guided by their array, we may attain to the unity of the faith and to the knowledge of your unapproachable glory: for you are blessed unto the ages of ages. Amen.

LORD, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit; now, and ever, and unto the ages of ages. Amen.

More honourable than the cherubim and more glorious beyond compare than the seraphim; without corruption you gave birth to God the Word, true Theotokos, we magnify you.

Through the prayers of our holy fathers, O LORD, Jesus Christ our God, have mercy on us. Amen.

#### THE PRAYER OF ST. MACARIUS

O Master God, the Father Almighty, O LORD, the only-begotten Son, Jesus Christ, and O Holy Spirit, one Godhead, one power: have mercy on me a sinner, and by the judgments which you know, save me, your unworthy servant; for blessed are you unto the ages of ages. Amen.

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## ~ THE SIXTH HOUR ~

O come, let us worship God our King. O come, let us worship and fall down before Christ our King and God. O come, let us worship and fall down before Christ himself, our King and God.

## PSALM 53 (54)

Save me, O God, by your name, and vindicate me by your strength. Hear my prayer, O God; give ear to the words of my mouth. For strangers have risen up against me, and oppressors have sought after my life; they have not set God before them. Behold, God is my helper; the LORD is with those who uphold my life. He will repay my enemies for their evil. Cut them off in your truth. I will freely sacrifice to you; I will praise you name, O LORD, for it is good. For he has delivered me out of all trouble; and my eye has seen its desire upon my enemies.

## PSALM 54 (55)

Give ear to my prayer, O God, and do not hide yourself from my supplication. Attend to me, and hear me; I am restless in my complaint, and moan noisily, because of the voice of the enemy, because of the oppression of the wicked; for they bring down trouble upon me, and in wrath they hate me. My heart is severely pained within me, and the terrors of death have fallen upon me. Fearfulness and trembling have come upon me, and horror has

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overwhelmed me. So I said, "Oh, that I had wings like a dove! I would fly away and be at rest. Indeed, I would wander far off, and remain in the wilderness. I would hasten my escape from the windy storm and tempest." Destroy, O LORD, and divide their tongues, for I have seen violence and strife in the city. Day and night they go around it on its walls; iniquity and trouble are also in the midst of it. Destruction is in its midst; oppression and deceit do not depart from its streets. For it is not an enemy who reproaches me; then I could bear it. Nor is it one who hates me who has exalted himself against me; then I could hide from him. But it was you, a man my equal, my companion and my acquaintance. We took sweet counsel together, and walked to the house of God in the throng. Let death seize them; let them go down alive into hell, For wickedness is in their dwellings and among them. As for me, I will call upon God, and the LORD shall save me. Evening and morning and at noon I will pray, and cry aloud, and he shall hear my voice. He has redeemed my soul in peace from the battle that was against me, for there were many against me. God will hear, and afflict them, even he who abides from of old. Because they do not change, therefore they do not fear God. He has put forth his hands against those who were at peace with him; he has broken his covenant. The words of his mouth were smoother than butter, but war was in his heart; his words were softer than oil, yet

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they were drawn swords. Cast your burden on the LORD, and he shall sustain you; he shall never permit the righteous to be moved. But you, O God, shall bring them down to the pit of destruction; bloodthirsty and deceitful men shall not live out half their days; But I will trust in you.

PSALM 90 (91)

He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty. I will say of the LORD, "He is my refuge and my fortress; my God, in him I will trust." Surely he shall deliver you from the snare of the fowler and from the perilous pestilence. He shall cover you with his feathers, and under his wings you shall take refuge; his truth shall be your shield and buckler. You shall not be afraid of the terror by night, nor of the arrow that flies by day, nor of the pestilence that walks in darkness, nor of the destruction that lays waste at noonday. A thousand may fall at your side, and ten thousand at your right hand; but it shall not come near you. Only with your eyes shall you look, and see the reward of the wicked. Because you have made the LORD, who is my refuge, even the Most High, your dwelling place, no evil shall befall you, nor shall any plague come near your dwelling; For he shall give his angels charge over you, to keep you in all your ways. In their hands they shall bear you up, lest you dash your foot against a stone. You shall tread upon the lion and the cobra, the young lion and the serpent you shall trample

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underfoot. "Because he has set his love upon me, therefore I will deliver him; I will set him on high, because he has known my name. He shall call upon me, and I will answer him; I will be with him in trouble; I will deliver him and honour him. With long life I will satisfy him, and show him my salvation."

Glory to the Father, and to the Son, and to the Holy Spirit; now, and ever, and unto the ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to You, O God.

Alleluia, alleluia, alleluia. Glory to You, O God.

Alleluia, alleluia, alleluia. Glory to You, O God.

LORD, have mercy. (3x)

*If there be two troparia, we say the first one here (cf. Troparia and Kontakia). If not, we continue:*

Glory to the Father, and to the Son, and to the Holy Spirit;...

*And we say the second troparion (cf. Troparia and Kontakia), if any, or the only troparion. Then:*

... Now, and ever, and unto the ages of ages. Amen.

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## THEOTOKION

Seeing that we have no boldness on account of our many sins, beseech him that was born of you, O Virgin Theotokos, for the supplication of a mother avails much to win the Master's favour. Disdain not the prayers of sinners, O all-pure one, for merciful and mighty to save is he who deigned also to suffer for our sake.

Let your compassions quickly go before us, O LORD, for we are become exceedingly poor. Help us, O God our Saviour, for the sake of the glory of your name. O LORD, deliver us and be gracious unto our sins for your name's sake.

Holy God, holy Mighty, holy Immortal, have mercy on us!  
Holy God, holy Mighty, holy Immortal, have mercy on us!  
Holy God, holy Mighty, holy Immortal, have mercy on us!

Glory to the Father, and to the Son, and to the Holy Spirit;  
now, and ever, and unto the ages of ages. Amen.

O all holy Trinity, have mercy on us.

LORD, cleanse us from our sins.

Master, pardon our transgressions.

Holy One, visit and heal our infirmities for your Name's sake.

LORD, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit;  
now, and ever, and unto the ages of ages. Amen.

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Our Father who art in heaven,  
Hallowed be thy name.  
Thy kingdom come,  
Thy will be done on earth as it is in heaven.  
Give us this day our daily bread,  
And forgive us our debts  
as we also have forgiven our debtors.  
And lead us not into temptation,  
but deliver us from the evil one.

For Thine is the Kingdom, and the Power, and the Glory:  
of the Father, and of the Son, and of the Holy Spirit; now,  
and ever, and unto the ages of ages. Amen.

O LORD, Jesus Christ, Son of God, have mercy on us. Amen.

*And we read the appointed KON'TAKION (cf. Troparia and Kontakia). Then:*

LORD, have mercy. (40 x)

### THE PRAYER OF THE HOURS

You who at all times and at every hour, in heaven and on earth, are worshipped and glorified, O Christ God, who are long-suffering, plenteous in mercy, most compassionate, who loves the righteous and has mercy on sinners; who calls all men to salvation through the promise of good things to come: Receive, O LORD, our prayers at this hour, and guide our life toward your commandments. Sanctify

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our souls, make chaste our bodies, correct our thoughts, purify our intentions, and deliver us from every sorrow, evil, and pain. Compass us about with your holy angels, that, guarded and guided by their array, we may attain to the unity of the faith and to the knowledge of your unapproachable glory: for you are blessed unto the ages of ages. Amen.

LORD, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit; now, and ever, and unto the ages of ages. Amen.

More honourable than the cherubim and beyond compare more glorious than the seraphim; without corruption you gave birth to God the Word, true Theotokos, we magnify you.

Through the prayers of our holy fathers, O LORD, Jesus Christ our God, have mercy on us and save us. Amen.

#### THE PRAYER OF ST. BASIL THE GREAT

O God and LORD of hosts, and maker of all creation, who by the tender compassion of your mercy which transcends comprehension, sent down your only-begotten Son, our LORD Jesus Christ, for the salvation of our race, and by his precious cross tore asunder the handwriting of our sins, and thereby triumphed over the principalities and powers of darkness: Do you yourself, O Master, lover of mankind, accept also from us sinners these prayers of thanksgiving and entreaty, and deliver us from every destructive and

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dark transgression, and from all enemies, both visible and invisible, that seek to do us evil. Nail down our flesh with the fear of you, and incline not our hearts unto words or thoughts of evil, but pierce our souls with longing for you, so that ever looking to you, and being guided by your light as we behold you, the unapproachable and everlasting light, we may send up unceasing praise and thanksgiving unto you, the unoriginate Father, with your only-begotten Son, and your all-holy, good, and life-creating Spirit; now, and ever, and unto the ages of ages. Amen.

~ THE TYPIKA SERVICE ~

O Heavenly King, the Comforter, the Spirit of Truth, who is everywhere and fills all things; Treasury of Blessings and Giver of Life; come and abide in us, and cleanse us from every impurity, and save our souls, O Good One.

LORD, have mercy. (40x)

THE FIRST ANTIPHON

SING: Bless the LORD, O my soul! Blessed are You, O LORD! Bless the LORD, O my soul! And all that is within me, bless His holy name! Bless the LORD, O my soul! And forget not all his benefits! Who forgives all your iniquity, who heals all your diseases! The LORD is compassionate and merciful, long suffering and of great goodness! Bless the LORD, O my soul! Blessed are You, O LORD!

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LORD, have mercy. (12x)

### THE SECOND ANTIPHON

SING: Glory to the Father, and to the Son, and to the Holy Spirit;...

Praise the LORD, O my soul! I will praise the LORD as long as I live; I will sing praises to my God while I have being. Put not your trust in princes, in sons of men in whom there is no salvation. When his breath departs he returns to his earth; on that very day his plans perish. The LORD will reign forever; your God, O Zion, to all generations.

... Now, and ever, and unto the ages of ages. Amen.

Only-begotten Son and immortal Word of God, who for our salvation willed to be incarnate of the holy Theotokos and Ever-Virgin Mary, who without change became man and was crucified, who are one of the Holy Trinity, glorified with the Father and the Holy Spirit: O Christ our God, trampling down death by death, save us!

LORD, have mercy. (12x)

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## THE THIRD ANTIPHON

SING: In your Kingdom remember us, O LORD, when you come in your Kingdom.

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they shall be comforted.

Blessed are the meek, for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness, for they shall be filled.

Blessed are the merciful, for they shall obtain mercy

Blessed are the pure in heart, for they shall see God.

Blessed are the peacemakers, for they shall be called the sons of God.

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

Blessed are you when men shall revile you and persecute you, and shall say all manner of evil against you, falsely for my sake.

Rejoice and be exceedingly glad, for great is your reward in heaven.

O Heavenly King, the Comforter, the Spirit of Truth, Who is everywhere and fills all things; Treasury of blessings and Giver of Life; come and abide in us, and cleanse us from every impurity, and save our souls, O Good One.

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*And we read the appointed TROPARION (cf. Troparia and Kontakia). Then*

Glory to the Father, and to the Son, and to the Holy Spirit;...

*And we read the appointed KONTAKION (cf. Troparia and Kontakia). Then:*

... Now, and ever, and unto the ages of ages. Amen.

LORD, have mercy. (3x)

#### THE TRISAGION

Holy God, holy Mighty, holy Immortal, have mercy on us!

Holy God, holy Mighty, holy Immortal, have mercy on us!

Holy God, holy Mighty, holy Immortal, have mercy on us!

Glory to the Father, and to the Son, and to the Holy Spirit;  
now, and ever, and unto the ages of ages. Amen.

Holy Immortal! Have mercy on us.

Holy God, holy Mighty, holy Immortal, have mercy on us!

#### THE EPISTLE READING

The reading (*from the Acts of the Holy Apostles*) (*from the Epistle of the holy Apostle Paul to*) (*from the catholic Epistle of Saint*) \_\_\_\_\_.

*Here we read the appointed Epistle*

Alleluia! Alleluia! Alleluia!

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## THE GOSPEL READING

The reading from the Holy Gospel according to Saint

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*Here we read the appointed Gospel*

Glory to You, O LORD, Glory to You!

LORD, have mercy. (40x)

## THE CREED

I believe in one God, the Father Almighty, maker of heaven and earth and of all things visible and invisible.

And in one LORD Jesus Christ, the Son of God, the only-begotten, begotten of the Father before all ages; Light of Light, true God of true God; begotten, not made; of one essence with the Father; by whom all things were made; who for us men and for our salvation came down from heaven and was incarnate of the Holy Spirit and the Virgin Mary and became man. And he was crucified for us under Pontius Pilate and suffered and was buried. And on the third day he rose again, according to the Scriptures and ascended into heaven; and sits at the right hand of the Father. And he shall come again in glory to judge the living and the dead; whose Kingdom shall have no end.

And in the Holy Spirit, the LORD, the Giver of Life, who proceeds from the Father; who with the Father and the

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Son together is worshipped and glorified; who spoke by the prophets. In one holy, catholic and apostolic Church. I acknowledge one baptism for the remission of sins. I look for the resurrection of the dead and the life of the world to come. Amen.

### THE HYMN TO THE THEOTOKOS

It is truly meet to bless you, O Theotokos, ever-blessed and most pure, and the Mother of our God. More honourable than the cherubim, and more glorious beyond compare than the seraphim: without corruption you gave birth to God the Word: true Theotokos, we magnify you.

LORD, have mercy. (*40x*)

Our Father who art in heaven,  
Hallowed be thy name.  
Thy kingdom come,  
Thy will be done on earth as it is in heaven.  
Give us this day our daily bread,  
And forgive us our debts  
as we also have forgiven our debtors.  
And lead us not into temptation,  
but deliver us from the evil one.

For Thine is the Kingdom, and the Power, and the Glory:  
of the Father, and of the Son, and of the Holy Spirit; now,  
and ever, and unto the ages of ages. Amen.

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Through the prayers of the Holy Fathers, O LORD, Jesus Christ our God, have mercy on us and save us.

LORD, have mercy. (40x)

More honourable than the cherubim and more glorious beyond compare than the seraphim: without corruption you gave birth to God the Word. True Theotokos, we magnify you!

Glory to the Father, and to the Son, and to the Holy Spirit; now, and ever, and unto the ages of ages.

Through the prayers of the holy Fathers, O LORD, Jesus Christ our God, have mercy on us and save us.

Amen.

